

Temiskaming Hospital

January 27, 2010

Activity Professionals Put the Fun in Life!

Did you know that Temiskaming Hospital has an Activity Coordinator whose main focus is to provide daily activities for patients? This program is offered 4 hours per day in the Activity Room at Temiskaming Hospital. Any patient who is in the hospital for an extended period of time may wish to attend. The door is always open for people to stop by and visit or just to see what's going on in the Activity Room. Families are encouraged to take part as well.

The activity coordinator oversees activities such as baking/cooking, gardening, BBQ's, bingo, puzzles, movies, reading, poetry, crafts and regular visits from the local ministers. She also facilitates the entry of art and vegetables grown in the hospital's very own garden into the local Fall Fair every year, and not surprising, there have been a number of prizes awarded.

Special occasions are celebrated by either a Social Tea event or special meal. Parties are held for St. Patrick's Day, Valentine's Day, Halloween and the Annual Family Christmas Dinner. As well, someone often comes in to play the piano or sing. In the past, the Activity Coordinator also hosted a painting program with the children from Temiskaming Child Care. Just this past year, patients took part in the International Plowing Match by making garden quilt blocks which were displayed at the front of the hospital.

So, how do you become involved in the hospital's activity program? Please ask your doctor or nurse how to get involved. And remember, families are welcome to participate with patients in daily activities and special occasion activities.



Temiskaming Hospital
(705) 647-8121
www.temihosp.on.ca

Our patient relations representative is available to help you with any questions, concerns, or compliments and can be reached by calling (705) 647-1088, extension 2221.