

Temiskaming Hospital

April 7, 2010

Scents Make No Sense!

Exposure to scented products can trigger adverse reactions in many people, including:

- Headaches
- Dizziness
- Fatigue
- Watery eyes
- Stuffy nose or sinusitis
- Coughing, tightness in the chest
- Wheezing, shortness of breath

In workplaces, the ability of people who have environmental sensitivities may be negatively affected if they are exposed to fragrances. In hospitals, there is the added concern of exposing people with compromised immune systems to potential stressors.

Employees, students, volunteers, auxiliary members, physicians and visitors to Temiskaming Hospital are asked not to wear perfume or cologne, aftershave, scented hand creams, scented toiletries and hair products, scented laundry products, etc..

The following items are not to be brought to the Hospital:

- Heavily scented flowers, imitation or real, e.g. lilies;
- Room deodorizers, whether battery operated, electric, block or spray;
- Potpourri;
- Scented candles; or
- Pajamas or other personal clothing items if strong scented laundry products have been used.

Temiskaming Hospital is committed to ensuring good indoor air quality, to promote a healthy, productive and safe environment for everyone.

Please help Temiskaming Hospital fulfill its commitment...

BE SCENT FREE!



Temiskaming Hospital
(705) 647-8121 or 647-1088
www.temihosp.on.ca

Temiskaming Hospital is a Smoke Free Property